



HEALTH HINTS FOR THE INTERNATIONAL TRAVELER

The Center of Disease Control's (CDC) recommendations for international travelers apply primarily to vaccinations and prophylactic measures for U.S. travelers planning to visit areas of the world where diseases such as polio, typhoid fever, yellow fever, viral hepatitis, and malaria occur.

In general, the risk of acquiring illness when engaging in international travel depends on the areas of the world to be visited. Travelers to developing countries are at greater risk than those who travel to developed areas. Personal and specific preventive measures against certain diseases may require advance planning and advice from your physician. Our professional staff at Heights Medical can provide a vaccine required for traveling to specific countries. We can also prescribe the necessary medication and answer all questions regarding travel to high risk areas.

Minimize your risk for travel illness by scheduling an appointment with our office.



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